

September 9, 2009

# Wednesday Memo

CATHOLIC SCHOOLS



DIVIDENDS FOR LIFE

Dear Families,  
I hope everyone had a wonderful Labor Day weekend. Last Friday we celebrated our first liturgy of the year. It was amazing hearing our students make “joyful noise unto the Lord”! If you have not had a chance to celebrate liturgy with us, you are invited to share this uplifting experience! Just check the calendar for up-coming liturgies.

The teachers are really getting excited about using Edline to enhance our communication this year! You will be receiving family access codes by the end of this month. All of us will be moving ahead as 21st Century learners!

May God bless you!  
Dr. C. Whisman

**SCHOOL PICTURE DAY**  
**Thursday, September 10**  
All students are required to be in **DRESS UNIFORM**. Representatives from Lifetouch will be here to do individual and group pictures.

**GOLF TOURNAMENT**  
**Fri., Sept. 25, 2009**  
**HORNET Course at NAS Oceana**  
FORE! On a Swing and A Prayer, our 5<sup>th</sup> annual golf tournament will be held September 25<sup>th</sup> 11:30 until...If you would like to participate, play or donate (prizes, goodie bag items, sponsorships), Jennifer Keenan at 757.272.4199 or by e-mail [jbkeenan@cox.net](mailto:jbkeenan@cox.net). All forms are posted on the website. We are looking forward to a great event! Support our school!

**Pre-Planning for the Flu**  
The Virginia Department of Health continues to monitor the novel influenza A H1N1 virus. As you and your child prepare for school, you might have questions about this flu virus. Please go to our website at <http://www.sosschool.org/documents/FluLetter09.pdf> for more information on preparing should your child become ill.

**Auction Dress Down Day**  
Those who have dress down booklets may use the September coupon this **Friday, September 11th**. Students must bring the coupon to school on Friday.

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**WEBSITE LINK**  
(Cut and paste link into your browser)  
Downloadable SCRIP Order Form:  
<http://www.sosschool.org/SOSScrip.htm>  
**Click on “Order Form” in the left column.**

## Home and School News

### **Welcome Back Picnic Friday, September 11th 5:30-7:30pm**

Welcome back students, parents and teachers! Come and enjoy dinner and an evening with our friends at the annual 'Home 'School Welcome Back Picnic'. Remember to bring your own nonalcoholic beverages. For more details log on to <http://www.sosschool.org/documents/Welcomebackpicnic2009.pdf>.

#### **Volunteer Opportunities:**

Middle school students can earn 1 (one) hour volunteer time for baking goodies for the "Welcome Back Picnic". Send in two dozen brownies, cookies or cupcakes on the day of the picnic and your volunteer hour will be credited.

**Eighth Graders and Parents:** We need volunteers for the picnic. Please email [patricia-pearce@hotmail.com](mailto:patricia-pearce@hotmail.com) and volunteer!

Setup 4:45 to 5:30  
Serving 5:30 to 6:30  
Serving 6:30 to 7:30  
Cleanup 7:15 to 8:00

### Cherrydale Farms Fall Fundraiser

- Do not collect tax on this year's sale.
- Students must sell five items per student or choose the family buyout option of \$100.00 per family to participate in the "Big Blast Party".
- Sale ends on Tuesday September 15. All returns must be in by Tuesday for order processing.
- There is a buyout option for families who do not wish to participate in selling. Log on to <http://www.sosschool.org/documents/FallFundraiserBuyOut1.pdf> for details on the buyout . 100% participation to meet our fundraising goals. Thanks for your support!



Third Grade leads us with music during our Back to School Liturgy last Friday!

### **Moms in Touch International**

Please join Star of the Sea moms as we pray for the needs of the children, teachers and staff. We meet on Friday mornings from 8:15 to 9:15 in room 32 of the gym building.

### **BIBLE STUDY**

The Catholic Women's Bible Study Group will be meeting on Mondays at 9:00 a.m. We will meet at Star of the Sea Church in the nursery. If you have any questions, please contact Ann Mooney at 496-2595.



### **BASKETBALL / CHEERLEADING "SIGN-UPS"!**

Although Winter Sports, registration for Star of the Sea's TCBL teams (3rd-8th grade), "in-house" Grommet basketball training program (K-2nd), and Cheerleading (K-8) will take place very early this year, in order to meet League deadlines. Please see our website for program specifics and objectives.

- Player and Coaching Registration for Star of the Sea's basketball and Cheerleading programs begins on **Thursday, SEPT 10th @ 3:00** pm in the School Gym.
- TCBL participation fees remain at \$50 for 1 player / \$90 for 2 or more.
  - o TCBL practices begin in late Oct. The season runs through Feb.
  - o Grommet Fees will be \$25 for 1 player / \$35 for 2 or more.
  - o Grommets is a non-competitive intro to basketball (and coaching.)
  - o Grommets is slated to run Saturday mornings in November.

Cheerleading fees are \$50 for 1 Cheerleader / \$90 for 2 or more.

Please contact our Athletic Director, Tom O'Dowd at 580-6462 with questions.

To complete registration for basketball and cheerleading you must complete the SOS registration form as well as the TCBL form.

SOS Athletic Registration Form Required for all Sports:

<http://www.sosschool.org/documents/AARegistrationForms.pdf>

TCBL Form for Basketball and Cheerleading:

<http://www.sosschool.org/documents/TCBLplayersregform.pdf>

TCBL Coaches Application:

<http://www.sosschool.org/documents/TCBLCoachesapp.pdf>

### **SOCCER CHALLENGE**

All boys and girls ages 10-14 are invited to participate in the local level of competition for the 2009 Knights of Columbus Council 4632 Soccer Challenge to be held on Saturday, September 19<sup>th</sup> at the Salem High School soccer field from 1-3 pm. Bring please proof of age when you come. The Soccer Challenge is a competition designed for players to demonstrate the most basic of soccer skills – the penalty kick. The goal is divided into 5 scoring zones. Each participant is given 15 kicks. The highest scorer in each age group will advance to the District competition in October. Contact John Byzewski at 409-3788 to register in advance.

# Star Dollars for Scholars Scrip Program

## What is Scrip?

The Star Dollars for Scholars Scrip Program is an easy and economical way to raise funds for the school since it costs the participants nothing—yes NOTHING!! Scrip means “substitute money” and in the case of our program we are substituting money for gift cards from major national and local merchants. These are the same gift cards you would buy at your favorite store or restaurant. When you buy a gift card through our program, you pay no fees or surcharges—a \$25 gift card costs \$25. You may be wondering how we raise the money? The merchants generously donate a percentage of every gift card purchase back to the school.

The power of the scrip program is in participation. By using merchant gift cards for your regular purchases at grocery stores, restaurants, stores and gas stations, the school benefits from every purchase. All it takes is a little planning to use gift cards for your regular purchases.

## How do I participate?

Getting started with this fundraiser couldn't be easier. Just go to [www.shopwithscrip.com](http://www.shopwithscrip.com) to create your free online account using our enrollment code of 953FBAB7565L. Simply place your order from the hundreds of available merchants and print out your order form. Send in your form with your cash or check payment to the school office in your Wednesday envelope. Or sign up for PrestoPay, the direct debit from your checking account service on the shopwithscrip website. There is no need to write a check.

Orders will be filled Thursday mornings from available stock and special orders will be available by the following Wednesday. PrestoPay orders will be filled automatically on Thursday mornings.

Start by buying gift cards to your favorite grocery store, like Farm Fresh, Kroger or Walmart or your favorite lunch spot like Panera or Starbucks. When all of the Star of the Sea family participates, the rewards to the school will grow and grow.



Star Dollars for Scholars Scrip Program

Betsy Leese, Coordinator 962-7426  
[ssoscrip@soschool.org](mailto:ssoscrip@soschool.org)  
[www.shopwithscrip.com](http://www.shopwithscrip.com)



## Star Dollars for Scholars Scrip Program

# VISA cards now available

We are now carrying VISA gift cards in \$25, \$50 and \$100 denominations and a 2% rebate to the school. These cards can be used anywhere VISA is accepted and you pay no surcharge like at gift card kiosks. These are great for businesses as employee gifts or incentives.

### Important Facts You Need To Know About Visa Reward Cards

- Subject to applicable law, beginning 6 months after the date your Rewards Card was purchased by Great Lakes Scrip Center, a monthly service fee of \$3.00 will be deducted from your remaining balance.
- To ensure authorized use of your Rewards Card, be sure to sign the back before using.
- Always know the balance of your card and when ready to make your purchase, tell the cashier the amount you would like applied to your Visa Rewards Card. Always press the CREDIT button. If you press DEBIT your transaction will be declined. The balance will then need to be paid with the second payment method.
- If you decide to return merchandise purchased with your Visa Rewards Card, you may be asked to present the same card to process that return. Be sure to hold onto your purchase receipts and your card, even after the balance is depleted.
- When using your Visa Rewards Card somewhere that a tip may be appropriate, your transaction may be authorized for an additional 20% above your total bill. Be sure that the balance on your card is sufficient to cover the cost of the bill plus the tip added. If not, the transaction will be declined.
- Gas stations: You will need to present your card to the attendant inside the station. The Visa card will not work at the pump.

For online or phone orders, you will need to register your card at [www.prepaidrewardscenter.com](http://www.prepaidrewardscenter.com). When you make an online or phone purchase, the name, address, and phone number you use will need to be exactly the same as the information you provided when registering your card. If the information is different, the transaction may be declined.

- The Visa Rewards Card is not a credit, charge or debit card.



### Star Dollars for Scholars Scrip Program

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## TRAVELING TO AND FROM SCHOOL

- All passengers should wear a seat belt and/or an age- and size-appropriate car safety seat or booster seat.
- Your child should ride in a car safety seat with a harness as long as possible and then ride in a belt-positioning booster seat. Your child is ready for a booster seat when she has reached the top weight or height allowed for her seat, her shoulders are above the top harness slots, or her ears have reached the top of the seat.
- Your child should ride in a belt-positioning booster seat until the vehicle's seat belt fits properly (usually when the child reaches about 4' 9" in height and is between 8 to 12 years of age). This means that the child is tall enough to sit against the vehicle seat back with her legs bent at the knees and feet hanging down and the shoulder belt lies across the middle of the chest and shoulder, not the neck or throat; the lap belt is low and snug across the thighs, and not the stomach.
- All children under 13 years of age should ride in the rear seat of vehicles. If you must drive more children than can fit in the rear seat (when carpooling, for example), move the front-seat passenger's seat as far back as possible and have the child ride in a booster seat if the seat belts do not fit properly without it.
- Remember that many crashes occur while novice teen drivers are going to and from school. You should require seat belt use, limit the number of teen passengers, do not allow eating, drinking, cell phone conversations or texting to prevent driver distraction; and limit nighttime driving and driving in inclement weather. Familiarize yourself with your state's graduated driver license law and consider the use of a parent-teen driver agreement to facilitate the early driving learning process.

Reprinted with the permission of the American Academy of Pediatrics (AAP). Ref: <http://www.aap.org/advocacy/releases/augschool.cfm> as of 9/1/09.



# Therapy Choice

OCCUPATIONAL THERAPY SERVICES

1157 FIRST COLONIAL RD. SUITE 301 VIRGINIA BEACH, VA 23454

757-422-6342

Dear Parents,

Your child's school will be offering screenings for **Occupational Therapy** services on September 23, 24 and 25, 2009. Students who may benefit from occupational therapy include those with fine motor, visual motor or gross motor delays or sensory processing problems that affect their success in the classroom in a number of ways.

Does your child have difficulty with any of the following tasks? **Manipulating objects** that affect independence in the classroom (scissors, glue, notebooks); **Holding a pencil** correctly; **Coloring** within boundaries; **Handwriting** legibility; Appropriate **social responses** such as turn-taking and frustration tolerance; **Sensitivities** to noise, textures, changes in routine/adapting to new situations; Managing their **personal care** (feeding and dressing themselves); Keeping track of notes, assignments and materials to include **organization** of desk and locker.

If you would like your child screened, please complete the permission form below and return the form to school with the fee (\$30). We will contact you following the screenings to discuss the results and make recommendations for your child.

If you have any questions about occupational therapy, please feel free to contact us at 422-6342.

Sincerely,

Amy Petersen, OTR/L

Heather Daniels, COTA

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By signing this form, I give permission for my child \_\_\_\_\_ to be screened for occupational therapy at Star of the Sea School. I have enclosed \$30 (please make check payable to Therapy Choice).

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Teacher/Grade: \_\_\_\_\_ Home Phone Number: \_\_\_\_\_

Home Address: \_\_\_\_\_